


# Caregiver Guide



When taking care of your loved one, it's important to know what to expect. Taking care of yourself is also crucial. This is your guide.

Thank you for taking an active role in your loved one's journey on **TECENTRIQ**. As a caregiver, you're a vital member of the team. This guide may help you understand what to expect. You can also visit [TECENTRIQ.com](https://www.tecentriq.com) for more information.

Actor portrayal

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.

 **TABLE OF CONTENTS**

If you'd like to navigate within this guide, please click on a section below:

**YOUR ROLE AS A CAREGIVER** ..... 3

**WHERE TO START**..... 4

    PROVIDING PRACTICAL SUPPORT..... 4

    PROVIDING EMOTIONAL SUPPORT..... 5

    THE VALUE OF COMMUNICATION ..... 6

    TAKING CARE OF YOURSELF..... 7

    THE HEALTHCARE TEAM..... 8

**WHAT YOU NEED TO KNOW ABOUT TECENTRIQ**..... 9

    HOW IS TECENTRIQ GIVEN? ..... 9

    PREPARING FOR INFUSIONS..... 10

    IMPORTANT SAFETY INFORMATION..... 11-14

**FINANCIAL RESOURCES**..... 15

    GENENTECH PATIENT FOUNDATION..... 15

    TECENTRIQ ACCESS SOLUTIONS ..... 15

    THE GENENTECH ONCOLOGY CO-PAY ASSISTANCE PROGRAM..... 16

**ADDITIONAL RESOURCES** ..... 17

    WHERE TO GET HELP ..... 17

**KEEPING TRACK**..... 18

    UPCOMING INFUSIONS & APPOINTMENTS ..... 18

    NOTES ..... 19

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## YOUR ROLE AS A CAREGIVER

If you're reading this, you've stepped up to make sure your loved one gets the care and support they need while they are fighting extensive-stage small cell lung cancer (ES-SCLC). Thank you for being there for your loved one.

This guide provides tips on how to keep strong while you're lending a hand. It also offers suggestions and links to sites with information and resources that you may find useful in your role as a caregiver.

**This guide is not intended to replace a conversation with a doctor. It is intended as a resource to provide information.**

### WHAT IS TECENTRIQ?

TECENTRIQ is a prescription medicine used to treat:

**Adults with a type of lung cancer called small cell lung cancer (SCLC). TECENTRIQ may be used with the chemotherapy medicines carboplatin and etoposide as your first treatment when your lung cancer:**

- is a type called "extensive-stage small cell lung cancer," which means that it has spread or grown.

It is not known if TECENTRIQ is safe and effective when used:

In children for the treatment of SCLC

**For more information about SCLC and TECENTRIQ clinical trial results, please visit**

**<https://www.TECENTRIQ.com/scic/results/how-tecentriq-may-help.html>**

### SELECT IMPORTANT SAFETY INFORMATION

TECENTRIQ can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death. You can have more than one of these problems at the same time. These problems may happen anytime during your treatment or even after your treatment has ended

Please see full [Prescribing Information and Medication Guide](#) for additional Important Safety Information.



## WHERE TO START

### PROVIDING PRACTICAL SUPPORT

Your role as a caregiver will probably include helping your loved one with the things they need to do every day. This could include physical tasks as well as help finding information when they need it.



#### Helping with treatment-related tasks:

- Organize and coordinate appointments
- Keep track of potential side effects
- Communicate any issues with the care team
- Keep an open dialogue with other family and friends
- Help with important decisions throughout treatment



#### Helping with day-to-day tasks:

- Shopping and meal preparation
- Household cleaning
- Helping to use the bathroom
- Assisting with bathing, grooming, and dressing
- Laundry
- Paying the bills
- Transportation to appointments
- Assisting with childcare



#### Information gathering:

- Act as an extra set of eyes and ears. Ask important questions and gather information
- Help note any changes in symptoms or side effects
- Keep track of medical information and paperwork
- Monitor instructions and treatment tips from the healthcare team

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHERE TO START



### PROVIDING EMOTIONAL SUPPORT

Of course, practical help is important, but it may be just as important to just be there and provide emotional support.

- Try to keep a positive attitude—it is beneficial for your loved one and for you
- Spend quality time together
- Do things that remind you both that you have a relationship separate from your loved one's diagnosis
- Encourage your loved one to take time for activities they love, when possible and within their limits



#### Helpful links:

- Knowing how to be there for your loved one is important. You can find some helpful general information here: [https://www.cancercare.org/publications/247-caregiving\\_providing\\_emotional\\_support](https://www.cancercare.org/publications/247-caregiving_providing_emotional_support)

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHERE TO START

### THE VALUE OF COMMUNICATION

**Sometimes just being there to talk and listen can make a big difference.**

The more you know about your loved one and how they're feeling, the better prepared you'll be to help them.



**Here are some different ways to help create a healthy dialogue:**

- Ask if it's a good time to talk
- Listen, and don't interrupt
- Think about what you want to say in advance
- Remember that you can have more than one talk
- Don't always say, "It'll be okay"
- Speak from the heart



#### Helpful links:

- Here are some more tips that can help you keep the lines of communication open:  
<https://www.cancer.org/treatment/caregivers/what-a-caregiver-does/communication.html>



TECENTRIQ is not approved to treat small cell lung cancer (SCLC) in children.

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHERE TO START

### TAKING CARE OF YOURSELF

As you step into the role of caregiver, you will be focused on your loved one's diagnosis and treatment. While you are thinking about their health, it is just as important for you to stay healthy.

**Below are some tips that may help you stay healthy and avoid feeling overwhelmed:**



- Have regular doctor checkups
- Know your limits and be realistic about the time and energy you can give



- Keep a journal to organize thoughts and create memories



- Find time to relax and do what you enjoy
- Go easy on yourself; focus on positive things you are doing for your loved one
- Consider routines that can improve your mood and energy



- Don't be afraid to ask for help; your family or friends can be your first resource
- Consider joining a support group or talking to a counselor



#### Helpful links:

- A cancer diagnosis affects everyone, so make sure you are taking care of yourself. This link can help you know what to expect as a caregiver: <https://www.cancer.org/treatment/caregivers.html>

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHERE TO START

### THE HEALTHCARE TEAM

Your loved one will likely have access to a combination of healthcare providers, or HCPs. Your loved one's care team may include some or all of the following HCPs and may change over their treatment journey.

#### CORE MEDICAL TEAM

##### Oncologist

An oncologist is a doctor who specializes in diagnosing and treating cancers with medicines, including chemotherapy, immunotherapy, and other therapies. They manage cancer treatment and coordinate with the entire treatment team.

##### Primary Care Physician

Sometimes known as an internist, a general practitioner, or the family doctor, the primary care physician may be the initial point of contact. They may refer patients to other specialists.

##### Infusion Nurse

These nurses work to prepare and administer infused medications.

##### Nurse Practitioners/Physician Assistants

These healthcare providers have degrees and training in medical fields. Both help treat illnesses, provide patient education, and some may prescribe medications. They also manage the primary care needs of patients and their families in partnership with their physician.

#### EXTENDED SUPPORT

##### Psychologist/Therapist/ Counselor

These healthcare professionals can help people learn to cope more effectively with life issues.

##### Home Health Aide

These licensed professionals assist people at home with their personal care, including bathing, dressing, and other activities of daily living. They may also assist with cooking and other household chores.

##### Patient Navigator

Navigators provide guidance through the healthcare system and help with issues or challenges that can arise. They may assist in coordinating care with other healthcare team members, along with financial support programs, transportation, and even childcare.

##### Nutritionist

A nutritionist helps people manage their eating and hydration needs related to a cancer diagnosis and its treatment.

Please see full [Prescribing Information and Medication Guide](#) for additional Important Safety Information.





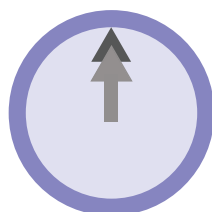
## WHAT YOU NEED TO KNOW ABOUT TECENTRIQ

### HOW IS TECENTRIQ GIVEN?

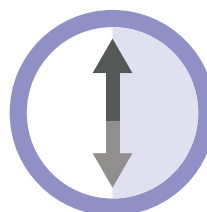
A healthcare provider will give your loved one TECENTRIQ into their vein through an intravenous (IV) line. They will also decide how long your loved one may be on treatment. If at any point the disease progresses or treatments can't be tolerated, infusions will be stopped.

#### LENGTH OF INFUSION TIME

INITIAL INFUSION: 60 MINUTES



FOLLOWING INFUSIONS: 30 MINUTES



The first infusion will be given over 60 minutes. If it's well tolerated, all following TECENTRIQ infusions may be given over 30 minutes. If TECENTRIQ is one part of your loved one's treatment, infusion time may be longer.

#### FLEXIBLE INFUSION SCHEDULE

EVERY 2 WEEKS



EVERY 3 WEEKS



EVERY 4 WEEKS



TECENTRIQ has flexible dosing options and can be given every 2, 3, or 4 weeks. Depending on their treatment plan, your loved one may need to see their doctor more frequently. Their doctor will decide which treatment schedule is best for them.\*

\*TECENTRIQ will be given as 840 mg every 2 weeks, 1200 mg every 3 weeks, or 1680 mg every 4 weeks.

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHAT YOU NEED TO KNOW ABOUT TECENTRIQ

### PREPARING FOR INFUSIONS

If you're attending infusion appointments with your loved one, here are some tips to make the time pass by more quickly and comfortably for you both.



#### Keep yourselves entertained

A personal electronic device, book, crossword puzzle, or playing cards can go a long way in making the process go by more quickly.



#### Keep extra layers and/or blankets handy

It is not uncommon for people receiving infusions to feel cold during their session. Bring a warm blanket, cozy scarf, or extra jacket.



#### Pack plenty of food and drinks

You or your loved one may get hungry and/or thirsty during the infusion. Keep a light snack and bottle of water handy, just in case. You may want to first check with the healthcare provider about eating and drinking during infusions.



#### Take this guide with you

You can use the space provided in the guide to take notes and write down anything you or your loved one would like to ask the healthcare team.

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHAT YOU NEED TO KNOW ABOUT TECENTRIQ



Understanding the potential serious side effects of treatment is essential. Knowing the symptoms to identify can help prepare you if and when it may be time to call your loved one's healthcare provider. Review the Important Safety Information below on your own or with your loved one.

### IMPORTANT SAFETY INFORMATION

#### What is the most important information about TECENTRIQ?

TECENTRIQ can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death. You can have more than one of these problems at the same time. These problems may happen anytime during your treatment or even after your treatment has ended.

**Call or see your healthcare provider right away if you develop any new or worse signs or symptoms, including:**

#### Lung problems

- cough
- shortness of breath
- chest pain

#### Intestinal problems

- diarrhea (loose stools) or more frequent bowel movements than usual
- stools that are black, tarry, sticky, or have blood or mucus
- severe stomach-area (abdomen) pain or tenderness

#### Liver problems

- yellowing of your skin or the whites of your eyes
- pain on the right side of your stomach area (abdomen)
- bleeding or bruising more easily than normal
- severe nausea or vomiting
- dark urine (tea colored)

#### Hormone gland problems

- headaches that will not go away or unusual headaches
- feeling more hungry or thirsty than usual
- dizziness or fainting
- eye sensitivity to light
- urinating more often than usual
- changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness
- eye problems
- hair loss
- rapid heartbeat
- feeling cold
- increased sweating
- constipation
- extreme tiredness
- your voice gets deeper
- weight gain or weight loss

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## WHAT YOU NEED TO KNOW ABOUT TECENTRIQ

### IMPORTANT SAFETY INFORMATION CONT.

#### Kidney problems

- decrease in your amount of urine
- blood in your urine
- swelling of your ankles
- loss of appetite

#### Skin problems

- rash
- itching
- skin blistering or peeling
- painful sores or ulcers in mouth or nose, throat, or genital area
- fever or flu-like symptoms
- swollen lymph nodes

#### Problems can also happen in other organs.

**These are not all of the signs and symptoms of immune system problems that can happen with TECENTRIQ. Call or see your healthcare provider right away for any new or worse signs or symptoms, including:**

- Chest pain, irregular heartbeat, shortness of breath, or swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising

#### Infusion reactions that can sometimes be severe or life-threatening. Signs and symptoms of infusion reactions may include:

- chills or shaking
- itching or rash
- flushing
- shortness of breath or wheezing
- dizziness
- feeling like passing out
- fever
- back or neck pain

Please see full [Prescribing Information and Medication Guide](#) for additional Important Safety Information.



## WHAT YOU NEED TO KNOW ABOUT TECENTRIQ

### IMPORTANT SAFETY INFORMATION CONT.

#### **Complications, including graft-versus-host disease (GVHD), in people who have received a bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).**

These complications can be serious and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with TECENTRIQ. Your healthcare provider will monitor you for these complications.

**Getting medical treatment right away may help keep these problems from becoming more serious.** Your healthcare provider will check you for these problems during your treatment with TECENTRIQ. Your healthcare provider may treat you with corticosteroid or hormone replacement medicines. Your healthcare provider may also need to delay or completely stop treatment with TECENTRIQ if you have severe side effects.

#### **Before you receive TECENTRIQ, tell your healthcare provider about all of your medical conditions, including if you:**

- have immune system problems such as Crohn's disease, ulcerative colitis, or lupus
- have received an organ transplant
- have received or plan to receive a stem cell transplant that uses donor stem cells (allogeneic)
- have received radiation treatment to your chest area
- have a condition that affects your nervous system, such as myasthenia gravis or Guillain-Barré syndrome
- are pregnant or plan to become pregnant. TECENTRIQ can harm your unborn baby. Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with TECENTRIQ. **Females who are able to become pregnant:**
  - Your healthcare provider should do a pregnancy test before you start treatment with TECENTRIQ.
  - You should use an effective method of birth control during your treatment and for at least 5 months after the last dose of TECENTRIQ.
- are breastfeeding or plan to breastfeed. It is not known if TECENTRIQ passes into your breast milk. Do not breastfeed during treatment and for at least 5 months after the last dose of TECENTRIQ.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Please see full [Prescribing Information and Medication Guide](#) for additional Important Safety Information.



## WHAT YOU NEED TO KNOW ABOUT TECENTRIQ

### IMPORTANT SAFETY INFORMATION CONT.

The most common side effects of TECENTRIQ when used in lung cancer with other anti-cancer medicines include:

- feeling tired or weak
- nausea
- hair loss
- constipation
- diarrhea
- decreased appetite

TECENTRIQ may cause fertility problems in females, which may affect the ability to have children. Talk to your healthcare provider if you have concerns about fertility.

These are not all the possible side effects of TECENTRIQ. Ask your healthcare provider or pharmacist for more information about the benefits and side effects of TECENTRIQ.

You may report side effects to the FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

You may also report side effects to Genentech at 1-888-835-2555.

**Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.**

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## FINANCIAL RESOURCES

If you and your loved one are worried about paying for TECENTRIQ, we can help you understand options that may help you. We can find out how much it will cost. We can also help you understand if there are options to help you pay for it.

### GENENTECH PATIENT FOUNDATION

The Genentech Patient Foundation provides free TECENTRIQ to people who need it.

If you have health insurance, you should try to get other types of financial assistance, if available. You also need to meet income requirements. If you do not have insurance, or if your insurance does not cover your TECENTRIQ, you must meet a different set of income requirements. Genentech reserves the right to modify or discontinue the program at any time and to verify the accuracy of information submitted.

### TECENTRIQ ACCESS SOLUTIONS

TECENTRIQ Access Solutions is committed to helping patients get the Genentech medicine their doctor prescribed.

At [Genentech-Access.com/TECENTRIQ/patients](https://Genentech-Access.com/TECENTRIQ/patients), you can:

- Find out what we offer
- Learn what to expect from Genentech
- Connect with financial assistance options

Please see full [Prescribing Information and Medication Guide](#) for additional Important Safety Information.



## FINANCIAL RESOURCES

### THE GENENTECH ONCOLOGY CO-PAY ASSISTANCE PROGRAM

The Genentech Oncology Co-pay Program helps you if you have commercial health insurance and meet other eligibility criteria.

<b>NO</b> INCOME REQUIREMENTS	<b>PATIENTS PAY AS LITTLE AS</b> <b>\$0</b> FOR TECENTRIQ	<b>ANNUAL BENEFIT LIMIT OF CO-PAY PROGRAM IS</b> <b>\$25k</b>
-------------------------------------	--	--

No physical card needed; patients simply need their Member ID.

**To learn more about the Genentech Oncology Co-pay Assistance Program, call (855) MY-COPAY (855-692-6729) or visit [copayassistancenow.com](https://copayassistancenow.com).**

The Co-pay Program is valid ONLY for patients with commercial (private or non-governmental) insurance who have a valid prescription for a Food and Drug Administration (FDA)-approved indication of a Genentech medicine. Patients using Medicare, Medicaid or any other federal or state government program (collectively, "Government Programs") to pay for their Genentech medicine are not eligible.

Under the Program, the patient may pay a co-pay. The final amount owed by a patient may be as little as \$0 for the Genentech medicine (see Program specific details). The total patient out-of-pocket cost is dependent on the patient's health insurance plan. The Program assists with the cost of the Genentech medicine only. It does not assist with the cost of other medicines, procedures or office visit fees. After reaching the maximum annual Program benefit amount, the patient will be responsible for all remaining out-of-pocket expenses. The Program benefit amount cannot exceed the patient's out-of-pocket expenses for the cost associated with the Genentech medicine.

All participants are responsible for reporting the receipt of all Program benefits as required by any insurer or by law. The Program is only valid in the United States and U.S. Territories, is void where prohibited by law and shall follow state restrictions in relation to AB-rated generic equivalents (e.g., MA, CA) where applicable. No party may seek reimbursement for all or any part of the benefit received through the Program. The Program is intended for the patient. Only the patient using the Program may receive the funds made available through the Program. The Program is not intended for third parties who reduce the amount available to the patient or take a portion for their own purposes. Patients with health plans that redirect Genentech Program assistance intended for patient out-of-pocket costs may be subject to alternate Program benefit structures. Genentech reserves the right to rescind, revoke or amend the Program without notice at any time.

Additional terms and conditions apply. Please visit the Co-pay Program website for the full list of Terms and Conditions.

Please see full [Prescribing Information and Medication Guide](#) for additional Important Safety Information.





## ADDITIONAL RESOURCES

### WHERE TO GET HELP

Every situation is different, but you are not alone. Information is a powerful tool that will help you take the best possible care of your loved one. Please use these websites as resources to learn more and find the support you need.



#### Support groups

- Visit the American Cancer Society to learn about helpful online support programs and communities:  
<https://www.cancer.org/treatment/support-programs-and-services/online-communities.html>

#### Financial and insurance support

- Financial and insurance issues can be complicated. This source can help:  
<https://www.cancer.org/treatment/finding-and-paying-for-treatment.html>

#### Emotional support

- If you need more emotional support, find more helpful resources for caregivers here:  
<https://www.helpforcancercaregivers.org/topic/dealing-with-feelings> **and/or**  
<https://www.cancer.org/treatment/caregivers.html>

#### Smoking cessation

- If your loved one needs help quitting smoking, here is a place to start:  
<https://www.cancer.org/healthy/stay-away-from-tobacco/guide-quitting-smoking.html>

Links to third-party websites are provided for convenience and information only. Genentech is not responsible for the accuracy of the information found on third-party websites and does not recommend or endorse it. Third-party website information is not meant to replace a doctor's medical advice. Use of third-party websites is at your own risk and subject to the terms and conditions of use for such websites.

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.



## KEEPING TRACK

### UPCOMING INFUSIONS

Please use this space to write down the dates and times of your loved one's upcoming medical appointments, including TECENTRIQ infusion appointments.

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Important notes:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Important notes:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### OTHER IMPORTANT APPOINTMENTS

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Type of appointment:** \_\_\_\_\_

**Important notes:** \_\_\_\_\_

\_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Type of appointment:** \_\_\_\_\_

**Important notes:** \_\_\_\_\_

\_\_\_\_\_

Please see full [Prescribing Information](#) and [Medication Guide](#) for additional Important Safety Information.

